

RESEARCH ESSAY ON HUMAN RIGHTS & DUTIES



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Abstract:

The important of Rights are as much as important as duty. The paper is a simple essay discusses on the Rights of human and duties as well .Fight for human rights not only for us but for the whole of humanity. It's our duty to build better future citizens who would not only help in the development of the society, country but the whole world. That is possible when students are taught poems of Keki and Walt in schools and Universities so that they can learn about their rights and duties towards the nation as well as the whole world and thus help in making this world a better place to live in.

Keywords: *Duties, Human, Rights, Violence*

After a lot of troubles we have attained our independence .We should try to preserve that freedom. We have to fight for our freedom or else we would loose it. Earlier man was busy in wars and fighting with each other for no reasons. One race wanted to dominate the other races. They wanted to be superior to the others. They wanted to exploit the others and therefore they followed the way of cruelty and violence. They went for wars made others slaves and killed each other. There was rivers of blood flowing .It was due to greed for power , domination and trying to show themselves supreme. Than after two world wars there was enough of loss to humanity. People suffered a lot and therefore United Nation came into being for maintaining peace and giving rights to human beings where their voices could be heard and if they felt that there rights are being violated or they are not getting justice they could be heard at United Nations and it takes care of the people from isolated and underdeveloped countries where their voices can be heard and they won't be neglected .Constitution has been laid in such a manner that everyone gets equal rights. They all become privileged .Rights are even for the

downtrodden and vulnerable part of society like children and women as the rights of the people who can't speak can always be taken away and can be violated . They are exploited and abused therefore they should be empowered and uplifted they should be given equal rights. Human rights are meant for all so that everyone lives with joy and they get equal rights, equal opportunities like education, employment, religion, movement, right against harassment and abuse etc. As all human being have their own worth, they have value; they can help in the development of the country. They can serve the society too. Government does so much for the people than it is the duty of the country to follow the set norms rules and regulation laid down by the country etc and help in it' s development and upliftment .Give back to the society what it has received. Human rights education teaches us the practice of various values to be adhered .At the same time the knowledge of it is transferred from individuals accountable for their acts either at personal level or at societal level. The knowledge of human rights would also lead us to establish an orderly , peaceful and friendly society both



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at the national sphere and at an International sphere .

DUTIES:

Obligation mostly arises from ethical and moral duties which are very essential in life .Duties arise out of responsibilities which are legal and binding .Positive duties means to do good for the society. Perfect duties means that we should be perfect , sincere and honest whatever we are doing at every moment. While discharging the duty .Duty is a value that dictates individual to perform their moral and legal responsibilities at all times for the promotion of good to society and to individuals .Rights and duties can't be separated from each other .Adhering to duties is nothing but becoming dutiful and doing welfare of the society and state. It is the duty of every person to vote, to obey laws ,to work as far as his capacities permit for the benefit of the society.

RIGHTS

Every person has the right to be recognized as an individual having equal rights like others, obligations towards the society and having the rights to civil rights . Everyone in this society needs to be social and feel part of the society to promote exercise and protect his legitimate interest of political , economic ,religious ,social ,cultural professional , labour union and other nature. Every person has the right to work under proper condition and to follow his work of interest or do the job one is interested in under suitable conditions and should be therefore provided conducive environment.

HUMAN & RIGHTS

In this world everyone has right to live with freedom, with equality, without any discrimination on the basis of caste ,creed, religion, region or color .Along with the freedom people have responsibility towards country. They have to serve country and contribute to the society. Many facilities

government provide to the people so therefore it's peoples responsibility to contribute something in return back to the society what they have received. Everyone has right to live with dignity, respect and is independent to move anywhere in the country, adopt any religion, freedom to education, profession or do any job according to their interest and caliber. Everyone should be treated equally, all religions should be respected and their ideologies too. Our country is one of the biggest democracies in this world and there is Unity in Diversity and therefore it is our duty to preserve the peace and harmony and try improving it more so that we can leave a better country for upcoming future citizens and be an ideal for this whole world.

HUMAN RIGHTS AND DUTIES

It is something that a person must or should do as an obligation. It is a term that conveys a sense of commitment to someone or something .Every human being has the right to life, liberty and security of his people and family. All persons are equal before the law and have the same rights and duties without any distinction as gender, language, creed or other factor. Every person has the right to freely profess a religion, faith and manifest and practice it both in private and in public. Every person have the right to freedom of investigation ,opinion and expression dissemination ideas by any medium whatsoever .Everyone have the right to protection of law against abusive attach upon his honor his reputation and his private family life. Every person have the right to establish a family the basic element of society .All woman during pregnancy and nursing period and all the children have the right to special protection ,care and aid. Every person have the right to an education should be based on principles of liberty , morality and human solidarity .Every person have the right to participate in the cultural life of the community enjoy that arts and to participate in the benefits that result from intellectual progress ,especially scientific discoveries.



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OBJECTIVE-HUMAN RIGHTS AND DUTIES

- Remove hunger and poverty from society.
- Primary education for all.
- Eradicate gender Discrimination
- Women should be empowered.
- Child mortality to be reduced
- Improve health: Combat HIV/AIDS malaria and other diseases.
- Help in saving Environment-Sustainable development .
- Global partnership for development.

UNITY IN DIVERSITY: AIM

People of different socio-economical, politico-cultural perspective have to look like a single family.

SUSTAINABLE DEVELOPMENT-DUTY OF CITIZENS

Man should do the welfare of the whole of society in such a manner which helps in the sustainable development. The development of the country and the world should be done in such a manner so that no one is harmed. Taking the environment into consideration - the trees, pollution, global warming and keeping a check on all those elements that are harmful for the humanity. Make judicious use of resources because the nature has sufficient to meet every ones needs but not every ones greed as said by Mahatma Gandhi.

PEACE AND HARMONY

Peace and harmony is most important thing conducting all auspicious festival and ritual in the best possible manner so that no one's peace is disturbed .A country which is terror free .Where there are no riots taking place. Where every ones has securities and that they can move in public places safely even at night where no one's independence is debarred. Where everyone can speak their mind. Where there is love ,kindness, care

,compassion ,universal brotherhood .For that everyone has to work hard to bring a revolution not only in this country but also in this whole world and one has to take responsibility of themselves but also try taking care of others whether they are neighbors , animals etc. One has to really work hard to eradicate poverty, fight against any kind of violence and injustice whether towards downtrodden, women, and children. Any kind of child abuse or women abuse should be stopped .If any ones sees or hears about any kind of violence taking place in the society or surroundings they should go to stop it or at least inform the police or take some action.

GREAT LEADERS -FOUGHT FOR OTHERS RIGHTS

There were many people who had fought for others rights like Mahatma Gandhi, Swami Vivekananda, and Rabindranath Tagore etc. They fought for the downtrodden and vulnerable part of society in non-violent manner. They fought for women's rights. Women started coming out of their houses. Swami Vivekananda said that when a man is educated than an individual is educated and when a woman is educated the whole family is educated. Rabindranath Tagore had opened the Viswa Bharti so that people from around the world can avail opportunity of education boys and girls both without any discrimination on the basis of caste ,creed or religion so it was a great Endeavour on their behalf and Mahatma Gandhi has proved his worth so many a times whether on Leo Tolstoy farm that all have the right to be educated and fight for their and others rights and thus serve humanity. Nelson Mandela also fought for the rights of others and Abraham Linclon laid his life and sacrificed his life for Americans .

CONTROL OVER GREED

There should be comradeship we should not only fight for own rights but for the rights of others too. We should not only enjoy our own rights but give rights to others too. We



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should be at peace that would only come when we have inner peace. We are satisfied with our inner self. We have no greed for lust, power and we have control over our anger. History is the proof that these elements have always created havoc on human life created disaster etc and lead to war and as a consequence we never attained anything out of that. It was only loss to humanity.

SPECIAL CHILDREN-PART OF SOCIETY

Even the special children should know about their rights so that they can participate in all events they can serve country in their own manner as everyone on this earth has potential to move the mountains. They should be made to realize their fullest potentials as they don't know what they can do. Human welfare should be every ones motto, goal and aim.

UNITED NATION-PRESERVING PEACE

United Nation is built so that it can preserve peace in this world and thus like this justice is there if someone feels that there rights are being violated they have every right to go to the high court or the supreme court where there rights are heard and it should be every ones duty on their part to give others their right and not debar anyone of their right that situation should not arise that people have to go the court and fight for the justice.

STUDENTS SHOULD BE EDUCATED

Students should be taught about human rights and duties .They should be taught how to follow the rules set by the government. How they can be useful to the society .They know about their rights because they would learn about their rights they can fight for their rights and then they can even participate and volunteer in different activities which would definitely help in the

development of the country as well as the whole world.

AUDIO VISUAL AIDS

Children should be taught about human rights and duties through audio-visual aids, projectors, T.V, tape-recorder, C.D, D.V.D, excursion, role –play, drama, debate, elocution, movies, songs etc. They should be asked to read more about human rights and duties. Their feelings for serving the nation should be aroused.

Students should be taught about the great ideals and about their great deeds how they sacrificed their life for the nation. They should be asked to spend time with the old age people in the old age home along with the orphans in the orphanage. They should be asked to serve them.

MORAL EDUCATION-TEACHING MORAL DUTIES

They should be taught moral values through value education at least once in a week or everyday so that students can learn more about values which is the need of the hour as when they learn about moral values would be aroused than only they can develop and serve the country as well as citizens. They should be asked to clean up the surroundings. They should be asked to help even at home .Help their mother while cooking, siblings while studying, helping in cleaning utensils , broom the floor ,buying things from the market as in this manner they would know their worth. They would be able to give back to the society what they have received. They would be able to become better citizens of the country. They would learn to become dutiful and responsible citizens .They should be asked to respect other culture, religion, language, others views, ideas ,learn how to be tolerable too because an eye for an eye will make the whole world blind so therefore they should be taught to shun the habit of taking revenge .



TEACHING THROUGH KEKI AND WALT'S POEMS

It's very important that they are taught about Keki. N. Daruwalla and Walt Whitman so that they can help in improving the society by studying the real present scenario as described by Keki. N. Daruwalla and the brotherhood message, democratic world as depicted by Walt Whitman.

As the poetries of Keki .N.Daruwalla depicts the corruption , exploitation, partition taking place and its consequences ,buying and selling of people. He is only telling about the scenes which he saw taking place like riots and how it arose in front of his eyes. What were the causes and its effects but he doesn't try to bring any solution to it or try to improve the situation. He doesn't want to change the people because you can't change anyone but you can only change yourself .He makes us aware that how things are existing in society like old traditional rituals which is fake.

WALT WHITMAN – DEMOCRATIC WORLD

Walt Whitman on the other hand talks about brotherhood, democratic world, this world and human beings have one religion that is of humanity. We should not go for war and shed each others blood when we all are brothers and are part of the same God. We have come from one origin that is God. Why to discriminate on the basis of caste, colour and religion. Why selling of black people by white people is taking place ?Why they is so much difference on the basis of status taking place? Why corruption is taking place in society ,people are being exploited and prostitution is taking place in society ?He says that after an individual is dead his soul would always remain alive. After a person is buried they would transform into grass. Thus he is sending a message to improve the society. He is not only talking about the living people but also dead people life after death. He says that all are going to have one end so why not live as one in this world.

Solutions to Keki's problem can be found in Walt Whitman's poems. Through kindness, care, compassion ,universal brotherhood many problems can be understood and solved to a very great extent. Love truth and non-violence were the weapons of Mahatma Gandhi who fought for the whole nations rights. Therefore when you fights for any ones or your own rights you have to see and take into consideration that no one elses rights are violated or no one is hurt. When you have the right to speak doesn't mean that you speak in a manner so that other sentiments are hurt etc. Therefore students should also be taught about every religion and their books because all religions talk about welfare of humanity and welfare of all.

WALT'S MESSAGE-UNIVERSAL BROTHERHOOD

He says that there should be universal brotherhood ,love, care and sharing. He says that why one is thirsty of another person's blood. He says that all are one in this world there is no difference between a leaf and a human being. As a man dies than they are born again as a leaf. There is no death of a soul but only bodies they change. Like people change clothes after death like that after death they only change bodies but soul stays alive in this universe. Nothing goes away from this universe. He says that all are buried in the same soil whether a king or a layman after death than there is no difference between anyone .So, why there is so much of differentiation before death if there would have been same peace before death then this world would have become a HEAVEN or better place to live in. Therefore this thing message of peace should be given to the students in primary schools only. These poems of Walt Whitman should be included in value education or English literature of school going students from primary level till University level as through this only they would learn to be disciplined follow rules and regulations etc. They would be able to respect elders. They would be able to obey them. They would not fight on small issues. They would learn not to violate



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others rights not to differentiate on the basis of caste, creed or religion or on the basis of economic status and no human trafficking would take place. No selling of human beings, no prostitution ,no exploitation many evils would be wiped off all would become one in this world.

KEKI'S POEMS

Keki through his poems tries to express what he sees and observes .He sees the riots taking place ,corruption, exploitation taking place he expresses selling and buying of people. Hardships faced by the people during India Pakistan's partition .How people died during the partition and havoc it created .He talks about that in some place there is dearth and scarcity of water and mosquitoes are biting but still people are staying at such places for job to earn money. Farmers they marry and they leave their wives to feed themselves and their children all on their own therefore they indulge in prostitution. Man is cruel and enjoys giving pain to others as they are worst than animals .What develops in them this animal instinct Whereas Walt says that war should stop, peace should only prevail animals are more peaceful than human beings as they don't run after power and they can also learn a great deal from the animals too. Whereas Keki says that human beings are greedy, cruel, dominating since past many ages and centuries .For ex: Asoka, Mughals, Alexander etc. Wars have taken place and greed for domination, power etc have taken place and would always remain the same always. If one wants changes in the society they the can be made because even an individual can make a difference. Teachers by teaching students through value education, poems, stories, dramas ,role – play, skets, operahs ,movies, audio-visual aids ,field excursions, visit to historical sites should spread and inculcate the values amongst students. Teach about human rights and duties. Make students responsible citizens who are dutiful and who know their rights. Even culture teaches a lot. Children learn more by seeing and observing what others are following and doing they learn

more through actions. Through literature one can come to know about the life style, thoughts ,feelings ,emotions of human beings etc . Way of dressing , food, culture too at particular point of time .So therefore through poems also message of human rights, duties, fraternity, universal brotherhood, peace, love and non-violence can be spread . Literature depicts the culture of the society. When poems are taught like of Keki and Walt we can say that solution to Keki's problems can be found in Walt Whitman's poems. Keki talks about harsh reality of life he don't want to change anything or whereas Walt says that stop this war ,selling of people ,exploitation(corruption and prostitution) ,differentiation on the basis of caste, creed, region, colour, economic status or religion.

MESSAGE OF LOVE , PEACE AND NON-VIOLENCE

Asoka had spread the message of peace by drilling the message deeply on the pillars. It was dug deep in the rock so that generations could read his message of spreading the message of love, peace ,truth and non-violence. He wanted to tell by drilling the message of peace deeply on the rock that how deeply he was hurt about it the Kalinga war which took place .He said that he was hurt so deeply he wanted to come close to common people but couldn't repent now as it was too late millions had already died and there was a river of blood flowing between him and the common people. He can't cross this river of blood and it's too difficult but he can come close to common masses only by serving humanity .For that Asoka had send his messengers to different islands for spreading his message of peace and non-violence and followed BUDDHA'S PATH, the middle path and now he is known to the world .So therefore we should learn from the mistakes of great people that one should learn about values and conquer themselves first.



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TEACHER'S DUTY

Teacher's should shoulder this great responsibility to help students become peaceful and non-violent. As we can see them they are open to mass media to a very extent. Even in society they are watching violence while watching television, video game etc. They are seeing violence at home which is cause of concern which has a negative impact on students and violence as well as abuse which needs to be eradicated from the society which can be done by the teachers only by teaching students about values and non-violence.

CONCLUSION

Students should be taught about peace they should be taught about values ,respect and value others ,other religion ,their fooding, culture etc. Through dramas, cultural program dances of various cultures children should be able to spread the message of peace ,unity and human values through dramas also they should be able to teach the moral values ,human rights and duties ,stop all kinds of war spread message of humanity .Students should be taught to donate blood ,voluntarily participate in First Aid and Red Cross during war. They should be asked to write essays ,participate in role play ,debate, elocution, dramas etc and thus help in making people aware about their rights and duties and also how to preserve peace and humanity which is the need of the hour.

Students should be taught about human rights and about Walt and Keki's poems so that they can be acquainted about harsh realities of life struggles of human beings, difficulties faced by them, learn about history and cultures, what were the consequences of human beings ,foolish acts likes wars and to learn a lesson from them and not to repeat the same ,develop love for humanity ,be emphatic develop aesthetic sense and learn ethics too. Learn to love and respect human beings and give everyone their rights and accomplish all the duties. Develop the feeling of equality , unity of this

whole world and that no one is inferior or isolated. Everyone gets equal opportunity to do job of their interest ,equal salary, there should be no discrimination on the basis of caste ,creed, region, religion, colour ,economic status, and gender whether for job, salary or education. All human beings have the same rights and duties as both are equally are important we should respect our rights and put into practice our duties. All human beings are born free and equal in dignity and rights students should be taught this as they are the future citizens and the development of the country as well as the world depends upon them. They can definitely help in preserving peace and humanity not only for this generation but even for the generations to come by using resources judiciously and respecting all creations created by God in this Universe thus transforming this world into a heaven.

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